

Syllabus of the International Massage Associations Judge Course



Welcome to the IMA Massage Judge Course. Watch all the videos, listen to all the Podcasts and read all the articles. Hereafter test yourself by taking all the quizzes.

Please use Google or ChatGPT to translate if needed.

Examination will be done via ZOOM when the Judge student is ready.

There is no guarantee of being selected as a judge for IMA's World Massage Championships or any other IMA Championships upon completing the course.

Begin the Course by Watching:

Massage Judge Course Main Lesson in English [Watch](#)

Massage Judge Course Main Lesson in Russian [Watch](#)

Read about the Rules and Guidelines [here](#) (Please use Google or ChatGPT to translate if needed).

Categories (Please use Google or ChatGPT to translate if needed).

Swedish Massage

Article about Swedish Massage [Read](#)

Video about the rules and guidelines in Swedish Massage [Watch](#)

Thai Massage/Nuad Thai

Article about Thai Massage [Read](#)

Video about the Rules and Guidelines in Thai Massage [Watch](#)

Wellness Massage

Article about Wellness Massage [Read](#)

Video about the Rules and Guidelines in Wellness Massage [Watch](#)

Freestyle Massage (Western & Eastern Inspired Massage)

Article about Freestyle Massage (Eastern and Western Inspired Massage) [Read](#)

Video about the Rules and Guidelines in Freestyle Western Inspired) [Watch](#)

Video about the Rules and Guidelines in Freestyle Eastern Inspired) [Watch](#)

Chair Massage

Article about Chair Massage [Read](#)

Video about the Rules and Guidelines in Chair Massage [Watch](#)

Sports Massage

Article about Sports massage [Read](#)

Video about the Rules and Guideline in Sports massage. [Watch](#)

Facial Massage

Article about Facial Massage [Read](#)

Video about the Rules and Guideline in Facial Massage. [Watch](#)

Body Shaping Massage

Article about Body Shaping Massage [Read](#)

Video about the Rules and Guidelines in Body Shaping Massage [Watch](#)

What are we teaching the Massage Competitors? (all the other minor details)

Watch the Massage Competitor Lesson 1 [Watch](#)

Watch the Massage Competitor Lesson 2 [Watch](#)

Read minimum 25 articles from the [IMA Library](#) (you choose yourself which)

Listen to minimum [5 IMA Podcasts](#)

Take the below Quizzes: (Please use Google or ChatGPT to translate if needed).

[Anatomy](#)

[Physiology](#)

[Muscles and Movements](#)

[Pathology](#)

[Massage History](#)

After end course the International massage Association will evaluate the judge student in which categories the judge will be suitable in.

Please follow the IMA Social Medias: [Facebook](#), [Instagram](#), [Youtube](#), [TikTok](#), [Telegram Channel](#), [Whatsapp Channel](#), [Threads](#), [X](#), [Linkedin](#)

The International Massage Association also offer Masterclasses for [Massage Therapists](#) and [Massage Teachers](#).