

## International Massage Association



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IMA is a New kind of "School"



# The International Massage Association Purpose is:

#### To raise the level of:

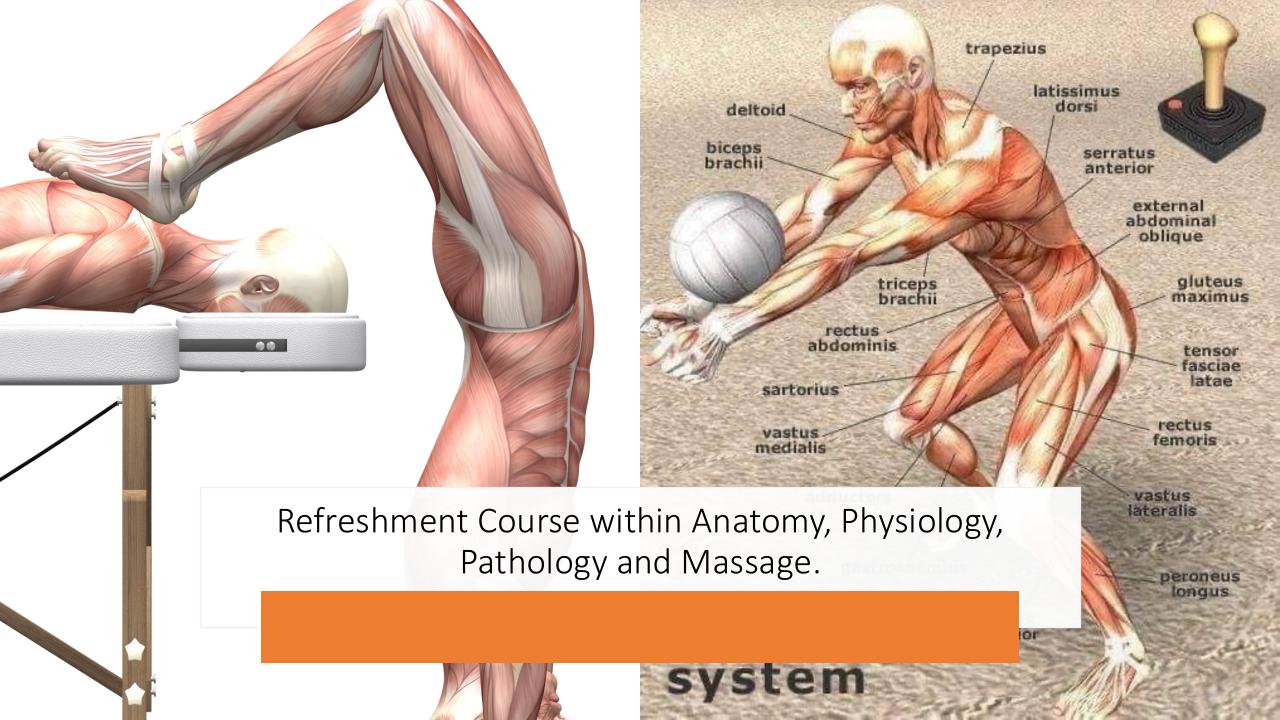
- 1. The Massage Therapists
- 2. The Massage Teachers
- 3. The School owners
- 4. The Associations
- 5. The Equipment suppliers
- 6. The Awareness of Massage methods



Mission: To bring value via Masterclasses, Articles, Podcasts ect.



Up coming news: Massage Judge Courses





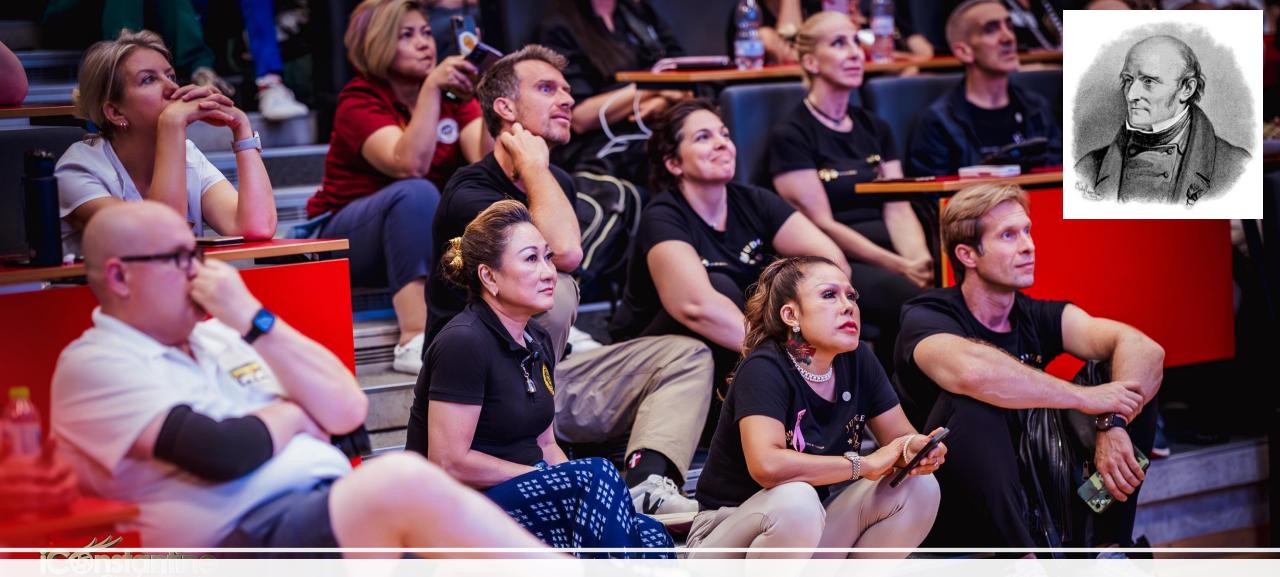
The World Championship and The IMA Story 2015-2024



 This is the story of four people named: <u>Everybody</u>, <u>Somebody</u>, <u>Anybody</u>, and <u>Nobody</u>.

There was an important job to be done. Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got very angry about that because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it. So it ended up that Everybody blamed Somebody when Nobody did what Anybody could have done... But one day IMA came and did the job.

- Unknown Massage Therapist



IMA: The ones who comes after is just as important!



IMA is like a candle. It will consume itself to light the way of others!





IMA will show in which direction to look – But not what to see!



Todays Topic: Massage Therapy in the future....



How and what to Improve – and where to look?

#### Who am 1?





- The Founder of the International Massage Association.
- The CEO of the World Championship in Massage.
- The Founder of the International Massage Teacher Courses.



#### I believe that:

"Massage Craft/Art is where intuitive massage is given on a foundation of knowledge within Anatomy, Physiology and Pathology"



The WMC 2024 has 251 Participants from 48 countries

International Teacher School

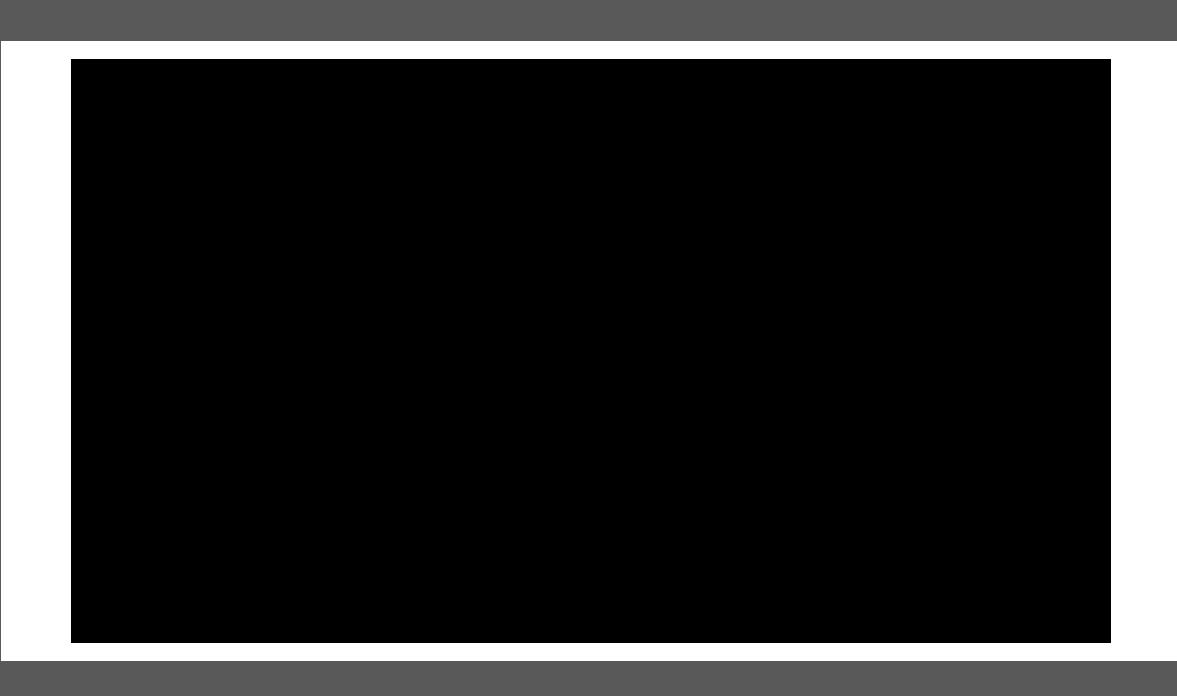




Staff and Judges from 25 countries



Task 1: What is a good massage?

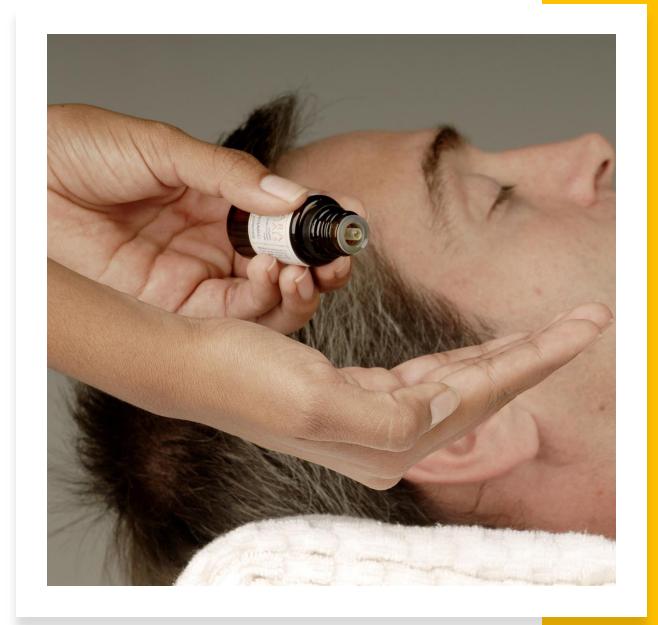




Please think of 5 reasons for getting a massage

## Overall Reasons for massage treatments...

- 1) Treatment of injuries and tensions.
- 2) Prevention of injuries and tension.
- 3) Mental relaxation
- 4) Pampering yourself (Wellness)





Is Thailand the World's Best Massage Nation? – and If so Why?



## Nations 2022 (23 Countries with minimum 3 participants)



## Best Massage Nations 2022 (average score of each country)

Gold: Thailand

Silver: Iran

Bronze: Australia

#### Best Massage Nations 2023

Gold: The United Kingdom (England)

Silver: Thailand

Bronze: Switzerland

### 2024 - 24 Nations

Belgium	Brazil	Canada	Denmark	France	Germany
Hong Kong	Hungary	Italy	Japan	Lithuania	Mongolia
Poland	Portugal	Serbia	Slovakia	Spain	South Korea
Switzerland	Thailand	Turkey	Ukraine	United Kingdom	United States

### World's 3rd Best Massage Nation 2024

### Japan

### World's 2nd Best Massage Nation 2024

### Hong Kong

### World's Best Massage Nation 2024

### Thailand



## Overall World Nation Ranking Most medals during the years.

Gold = 3 points, Silver = 2 points, Bronze = 1 point The years 2017 - 2024

- 1. USA (57 point)
- 2. UK (39 points)
- 3. Thailand (32 Points)



#### Thai Medals under other FLAGS

- 2017 Rose Roongruang, Germany, Bronze (1 point)
- 2018 Jidapha Wilkinson, UK, Gold (3 points)
- 2019 Suwit "Steve" Sritrairasri, USA, Silver (2 points)
- 2021 Nuan Jiamsranoi, Netherlands, Gold (3 points)
- 2021 Somsri Loser, Switzerland, Gold (3 point)
- 2021 Sunee Obermaier, Germany, Silver (2 points)
- 2021 Somsri Loser, Switzerland, Bronze (1 point)
- 2022 Porthip Tal-Zvi, Israel, Gold (3 points)
- 2022 Porthip Tal-Zvi, Israel, Gold (3 points)
- Wassakanit Lakkham, USA (Bronze (1 point)

- 2023 Ying Williams, Australia, Bronze (1 point)
- 2023 Siriphon Welch, Wales, Silver (2 points)
- 2023 Rapats Offermann, Switzerland (1 point)
- 2023 Siriphon Welch, Wales, Gold (3 points)
- 2023 Sukunya Tui Le Bras, France (1 point)
- 2024 Siriluk Piajumpa, USA Bronze (1 point)
- 2024 Anyamas Chaiyong, USA Gold (3 points)
- 2024 Pinyapatch (Grace) Chanyathunyaroj, USA Gold (3 points)
- 2024 Taddaw Acance, USA Gold (3 points)
- 2024 Anyamas Chaiyong, USA, Bronze (1 point)
- 2024 Siriluk Piajumpa, USA Silver (2 points)
- 2024 Pinyapatch (Grace) Chanyathunyaroj, USA Gold (3 points)

#### Thai under other FLAGS

#### Overall World Nation Ranking

The years 2017 - 2024

- 1. Thailand (75 Points)
- 2. USA (38 point)
- 3. UK (31 points)
- 4. Israel (21 points)
- 5. Frankrig (17 points)



#### The following Countries:

Israel (24 points)

France (18 points)

Switzerland (17 points)

Germany (15 points)

Greece (15 points)

Romania (12 points)

Belgium (12 points)

Dominican Republic (8 points)

- Japan (8 points)
- The Netherlands (8 points)
- Canada (8 points)
- South Korea (7 points)
- Denmark (6 points)
- Russia (5 points)
- Wales (5 Points)
- Ukraine (4 points)

#### The following countries:

- Norway (3 points)
- Slovenia (3 points)
- Qatar (3 points)
- Georgia (3 points)
- Lithuania (3 points)
- Malta (2 points)
- Poland (4 points)
- Bosnia (2 points)

- Serbia (2 point)
- Australia (1 point)
- Hungary (1 point)
- Moldova (1 point)
- Malaysia (1 point)

What are the Thai so good at?



Pressure – Stretching – Mobilization – Wellness – Atmosphere ect.....



The Future is: Massage, Stretching & mobilization

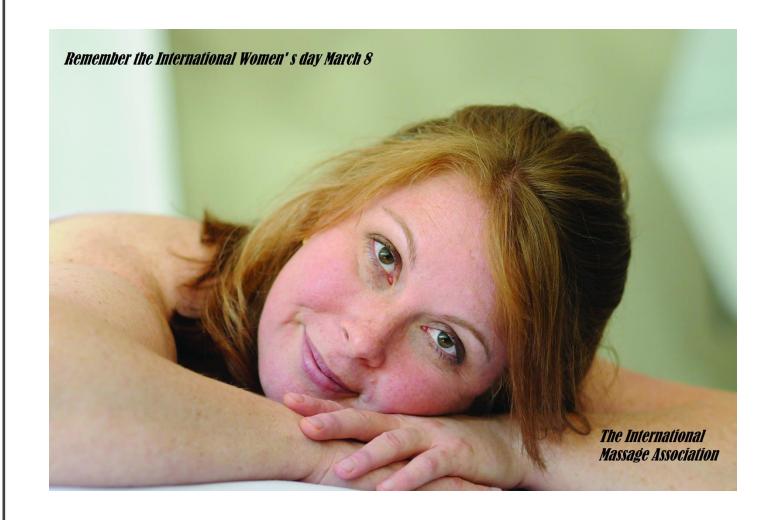
#### Add some kind of wellness...





Add a New Experience

The Best Massage Therapists gives the Clients what They ask for — But they also give the clients what They need!





Always remember the purpose of the Massage!

Adapt the Speed and the pressure!

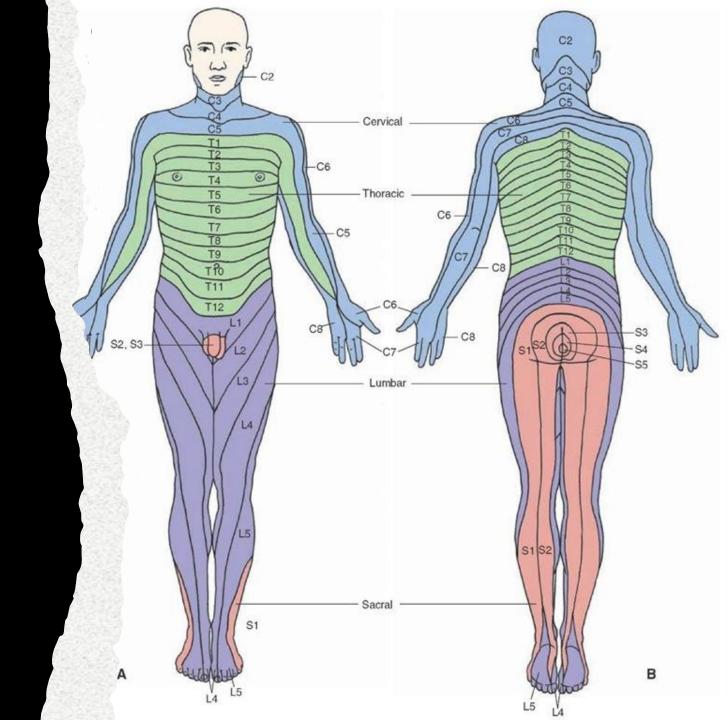
## What to improve?

- Techniques
- Ergonomics
- Flow
- Innovation and Development of new methods
- Client contact
- Recipient feedback?



How to work the body in the future!

A picture tells more than a 1000 words.....





Statistically <u>1/3</u> of the clients, change massage therapist if the massage therapist can't offer a new experience!

An Example of a new method...

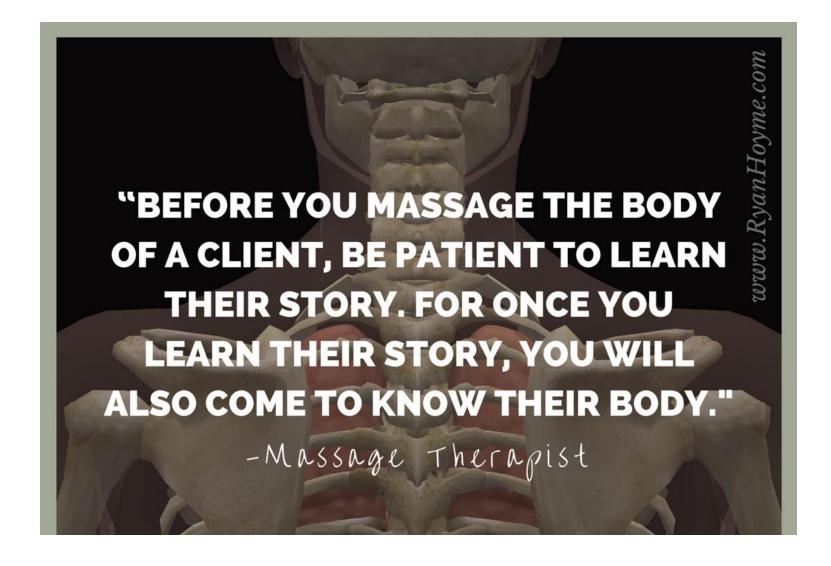
Chair massage, an amazing method where you can integrate both stretching and mobilization, as well as wellness and it will be a new experience.





Massage Therapy of the Future – How to adapt our treatments and what to improve in order to do so?

# How to choose method?



### Examples of "right" methods

- 1) Thai massage for those who lack flexibility in the body?
- 2) Shiatsu and Tuina for those who need energy?
- 3) Sports massage for athletes?
- 4) Chair massage for office employees?
- 5) Wellness massage for stressed people?
- 6) Swedish massage for everyone?
- 7) Facial Massage for stressed people and for beauty?



Where in the process are we?





IMA Courses all over the World



IMA Courses all over the World



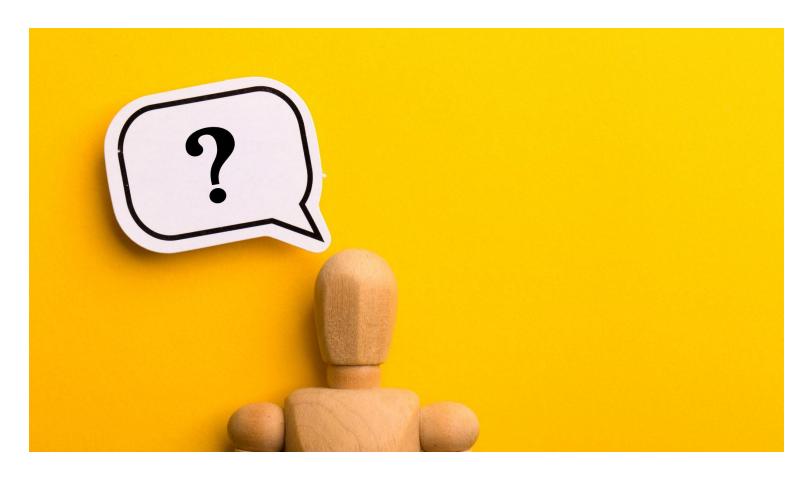
IMA Courses all over the World

Where, When and How to learn? – IMA Academy!

NEWS: Judge Courses and Refreshmant courses!







What to avoid?

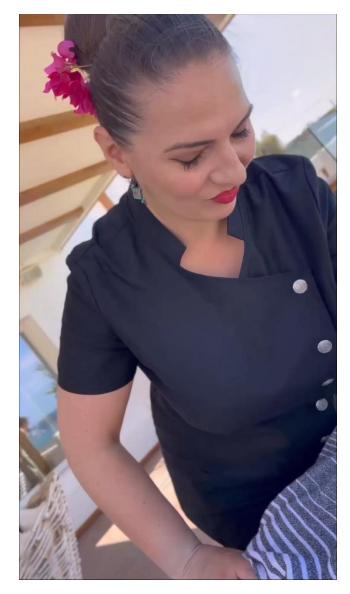


What signals do you send on social medias and at the clinic?



How to "look" and why draping is important!



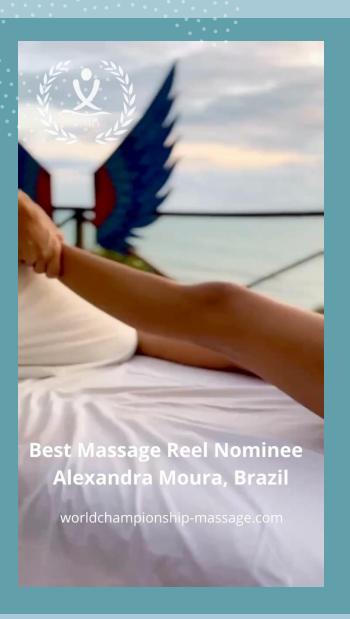


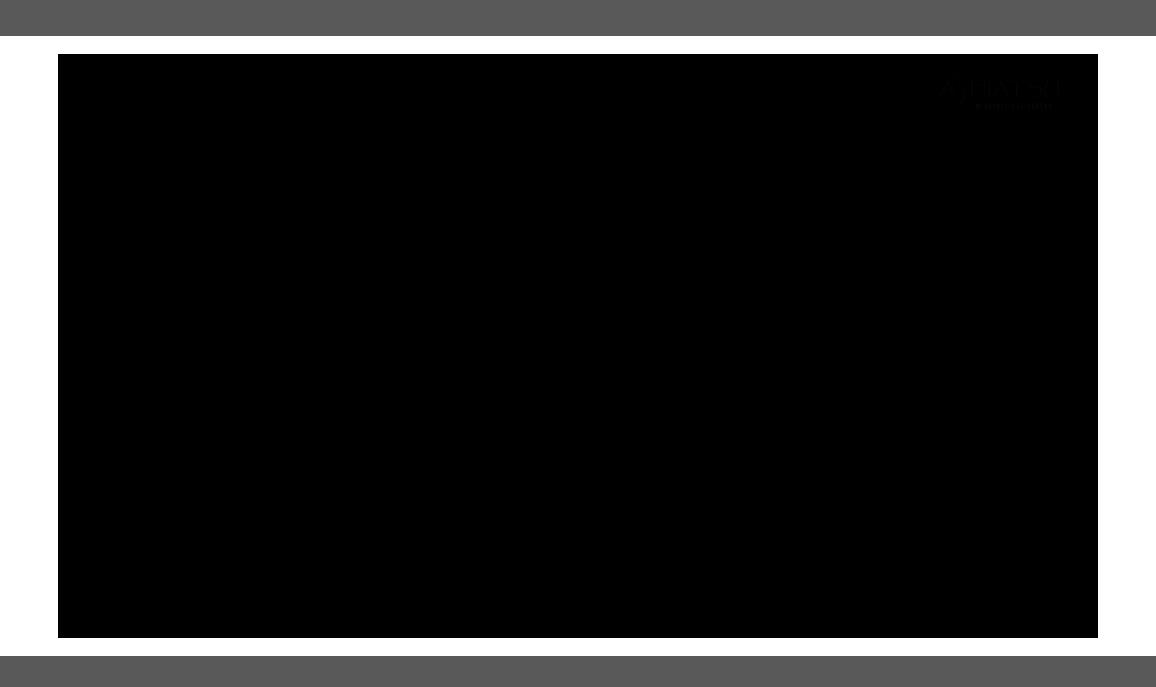


The Machines are coming!

# The Massage Therapist of the future knows how to use the social medias!

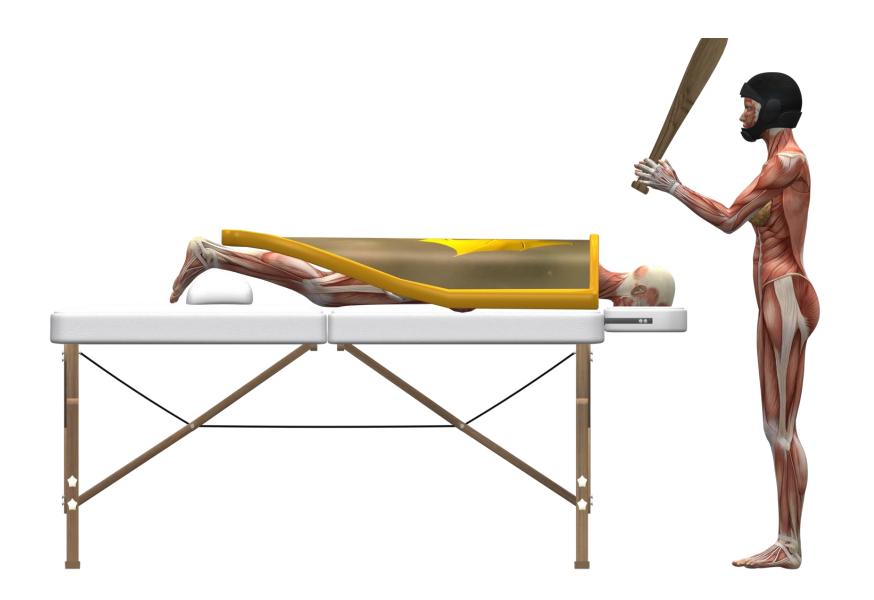
- Clients generally wants to:
- 1) Be Entertained (have fun)
- 2) Be inspired
- 3) Be Informed
- 4) Be Convinced
- 5) Anticipate needs

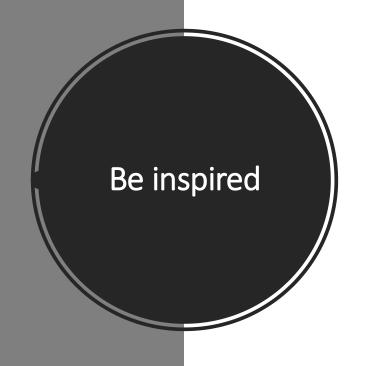




Be Intertained

School of "Klang" Massage

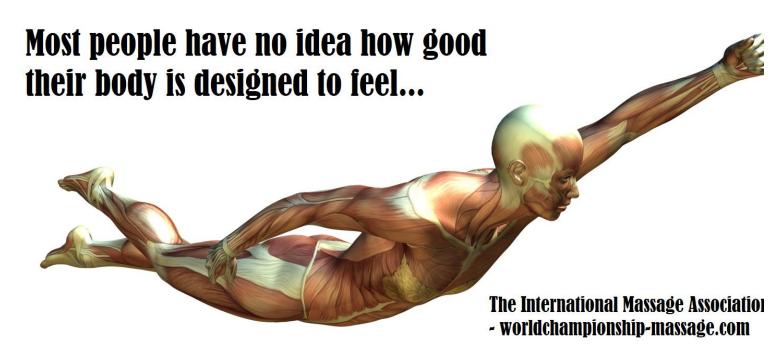




If you really want to do something you will find a way.
If you don't, you will find an excuse.

Sign up for the World Championship in Massage - www.worldchampionship-massage.com













Anticipate needs

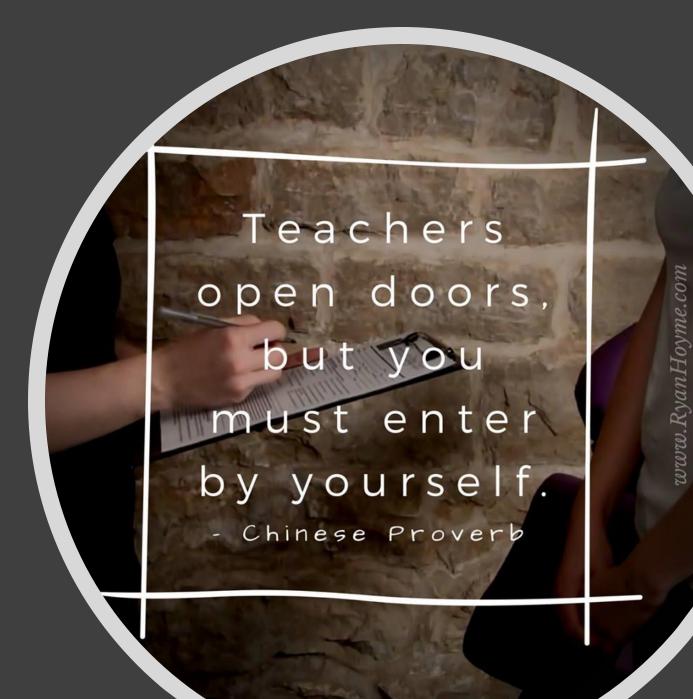
national Massage



#### Which social medias?

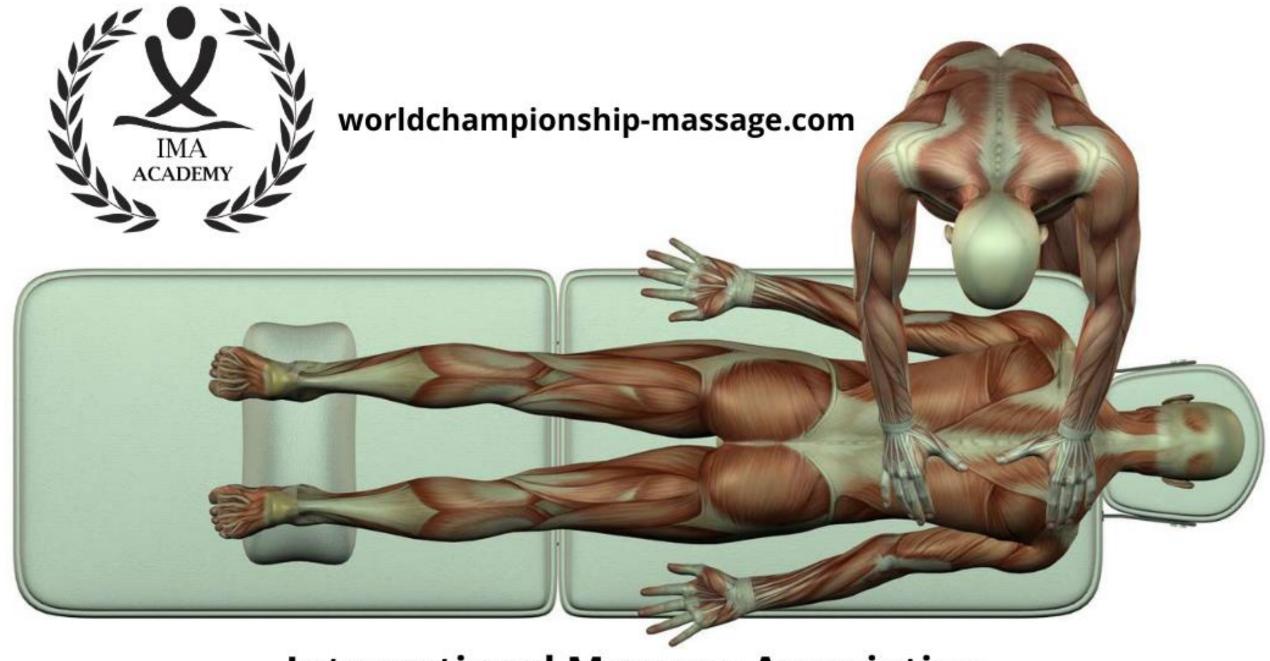
- Facebook (Company page)
- Instagram (Good for teasers of classes)
- LinkedIN (Good for networking)
- X (Twitter) (Good for statements?)
- Youtube (Good for eLearning and teasers)
- TikTok (Teasers for the next generation?)

### Remember!





Questions?
Please follow
us on Social
Medias



**International Massage Association**